

Name:		
Class:		

## SCAFFOLD

## **SOFIT** summary form

Number of students:Year level:			School: Observer: Number of observations: Start time: Lesson length (min):											
								Student:	1 M F	2 M F	3 M F	4 M F	5 M F	TOTAL
								Student activity						
								1 Lying down						
								2 Sitting						
3 Standing														
4 Walking														
5 Very active														
Lesson context														
Management (M)														
Knowledge (K)														
Fitness activity (F)														
Skill practice (S)														
Game play (G)														
Other (O)														
Interactions														
Promotes in-class PA/fitness (I)														
Promotes out-of-class PA/ fitness (O)														
No PA/fitness promotion (N)														